

HEALTH, EXERCISE, AND SPORT STUDIES

Health, Exercise, and Sport Studies Major

Graduation Requirements

1. Complete the following HESS 200-level courses: HESS 200 (<https://catalog.denison.edu/search/?P=HESS%20200>) - History and Philosophy of Health and Sport, HESS 201 (<https://catalog.denison.edu/search/?P=HESS%20201>) - Fundamentals Health & Exercise, HESS 202 (<https://catalog.denison.edu/search/?P=HESS%20202>) - Applied Anatomy.
2. Complete four courses within the HESS 300's (Excluding HESS 350-91).
3. Complete three courses within the HESS 400's.
 - a. Students may choose to complete BIOL 334 (<https://catalog.denison.edu/search/?P=BIOL%20334>) - Comparative Physiology: Human and non-human animals as one course within this category.
 - b. Students who complete both HESS 451 (<https://catalog.denison.edu/search/?P=HESS%20451>) - Senior Research and HESS 452 (<https://catalog.denison.edu/search/?P=HESS%20452>) - Senior Research will satisfy one course within this category.
4. Complete three credit hours during the senior year within HESS 350-91.